Approved For Release 2003/04/29: CIA-RDP84-00780R005100070020-93ldg + Grounds

DD/S 73-0856

7 MAR 1973

MEMORANDUM FOR THE RECORD

1. This memorandum will constitute a wrap-up status report on bike and hiking trails in the Headquarters area.

a. Hiking Trails

We have taken a number of approaches to this problem as indicated by the other papers in the file. We produced some cost estimates for a number of trails in the woods between the Headquarters building and the river. For three proposed trails estimated construction costs through GSA amounted to \$25,000. Since this seemed too much, it was suggested that we sample actual employee interest by first laying out a single short trail. This was not immediately accepted and the idea of volunteer workers to mark and lay out trails was next explored. That produced no satisfactory solution. Reactions such as madequacy of walkways already in existence around the Headquarters compound were received.

We then considered merely opening one or two of the gates to see whether Headquarters personnel would indeed be sufficiently interested in walking in the woods to make their own way. This idea was washed out on the basis of the safety considerations in the very rough terrain (drop off) immediately after leaving the compound gates.

The most recent idea is to utilize GSA inner-city summer employees to do the limited trail blazing. This idea will be explored further as the summer employee requirements are being developed. It would seem more satisfactory than the other ideas even though some amount of appropriated funds would be necessary. In these days of reductions in available dollars it would seem inappropriate to take any sizable amount of appropriated funds to accomplish walking trails at the expense of other things of more general Agency application and importance.

b. Bike Trails

Bike trails in the compound are most logically tied to Fairfax County bike trail planning. As indicated elsewhere (the 27 Feb. MFR regarding our meeting with Rufus Phillips and the 1 Feb. MFR of OL on the Fairfax County Planning Commission meeting on 30 Jan.), the prospects for outside compound trails are not bright.

We will monitor the Fairfax County Planning Commission's next public hearing scheduled for 27 March and any subsequent considerations by that group or the County Board of Supervisors who have this matter tentatively scheduled for consideration on 16 April 1973. We can then adjust our planning should the County picture appear brighter than when last sampled.

John W. Coffey Deputy Director for Support

DD/S:JWC:cav (6 March 1973)

Distribution:

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1 - DD/S Chrono

1 - D/L w/Extract

DD/S 73-0720

SUBJECT: Meeting with Mr. Rufus Phillips

EXTRACT

- 3. "A number of other subjects were covered during Mr. Phillips' visit:
 - a. Bike Paths
 Mr. Phillips acknowledged any definitive program which will probably require considerable time to get approved and implemented. Funds are the major obstacle. Fairfax County hopes to get some federal or state funds to help with its own planning. He commented favorably on the efforts of who is heavily involved in this matter in the local area."

EXTRACT

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FORM NO. 237

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0 1 FEB 1973

MEMORANDUM FOR THE RECORD

SUBJECT: Proposed Fairfax County, Virginia, Bike and Hike Trail System

1. At 2015 hours on Tuesday, 30 January, the County Planning Commission convened a regular meeting to conduct public hearings at the Massey Building, City of Fairfax, Virginia. Commissioners present were:

Mr. Marx, Chairman

Mrs. Dalton

Mrs. Becker

Mr. Gurski

Mr. Taliaferro

Mr. Lockwood

Mr. Rochrs

- 2. Third on the docket was the presentation of a county-wide trail system by Mr. Raymond Bell and Mr. Letterer of the County Park Authority. The Commissioners were to consider:
 - a. Adoption of the Trail System Study Report (See Attachment 1).
 - b. Amending the County Master Plan to incorporate the proposed Trail Development Plan as an overlay in each of the 14 planning districts, (See Attachment 2) to start implementation.
- 3. Questioning of the Park Authority Staff by the Commissioners and statements by citizens illuminate the following facts:
 - a. The proposed plan of trails is yet only conceptual, no rights-of-way outside existing county parks have been established, no hard engineering has been done, and actual trail locations may vary widely from those shown when the trails are finally built.

SUBJECT: Proposed Fairfax County, Virginia, Bike and Hike Trail System

- b. The Park Authority has not fully addressed the problems of annual maintenance, liability, patrolling for safety and cleanup, nor have they any studies on budget and fiscal requirements to build and operate the system.
- c. The Park Authority sees the total system being developed slowly on a span of 20 years.
- d. Each trail segment would require separate approval hearings and amendments to the zoning map at the time it is to be developed.
- e. The first segments to be built would probably be those planned across county and Federal park property and those built by developers when new subdivisions are created. Last would be trails through existing small, private holdings due to the time-consuming acquisition procedures.
- f. No specific discussion was held relative to proposed trails in Section B (See Attachment 2). Trail B-2 is routed along Turkey Run from State Road 193 to G. W. Parkway west of the old Bureau of Public Roads (now National Park Service) lands. Due to topography it is likely that this trail would accommodate hikers only and not be built to a gradient for bicycles.
- 4. The consensus of the Planning Commission was that the trail idea is good, but planning to date is immature requiring more study. Therefore, they voted to continue the public hearing on 27 March 1973 and delay formal acceptance of the system until that time. The trail system is tentatively scheduled for presentation to the County Board of Supervisors on 16 April 1973.

Staff Architect

Real Estate and Construction Division, OL

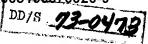
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1 - ExDir-Compt, w/o atts

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0 1 FEB 1973

MEMORANDUM FOR THE RECORD

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SUBJECT: Proposed Fairfax County, Virginia, Bike and Hike Trail System

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Staff Architect
Real Estate and Construction Division, OL

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D/L Distribution:

1 - ExDir-Compt, w/o atts

1 - DD/S, w/o atts

Approved For Release 2003/04/29 CPATRDP84-00780R005100070020-9	
TO: Mr. Coffey via Mr. Wattles ROOM NO. BUILDING REMARKS:	
Recommend your signature. Pls note that Ex.Dir. has already received a copy of attached memo but you may want to forward the note to forestall any immediate action. As request LDP	
FROM: ROOM NO. Approved For Release 2003/04/29 : CIA-RDP84-00780R005100070020-9	
FORM NO. 0.4.4	

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FORM NO .241

REPLACES FORM 36-8 WHICH MAY BE USED. (47)

PERS 75- /25 INTERNAL UNCLASSIFIED proved For Balenney 2003/04/29 : CIA-RDE84-06986 959706070020-9 **SECRET ROUTING AND RECORD SHEET** SUBJECT: (Optional) EXTENSION FROM: NO. Director of Personnel 5E-56 HO STAT DATE TO: (Officer designation, room number, and DATE OFFICER'S building) COMMENTS (Number each comment to show from whom INITIALS to whom. Draw a line across column after each comment.) RECEIVED FORWARDED Deputy Director for In response to your inquiry as to Support whether EAA members would 2. volunteer to construct a "woodland trail" in the vicinity of Headquarters, the following 3. information is submitted: a. On 14 December 1972 an EAA 4. group visited a woodland trail in the community of Shouse Village (near Wolf Trap Farm). This 5. trail, constructed of an asphalt path that meanders in-and-out of the woods around the perimeter of Shouse Village, was constructed by the contractor, Yeonas 7. Company. The purpose of the visit was to assist the committee in getting a "picture" of a working 8. woodland trail. b. During an informal discussion 9. between the EAA Directors and the EAA Coordinator at lunch on 21 December, the reaction to the 10. "woodland trail" project varied from the observation that "there 11. is a quite satisfactory walkway around the perimeter of Headquarters, " to the observation 12. that such a trail would serve a purpose for aesthetic and health reasons. 13. It was the consensus of the group that it would not be 14. practical to obtain volunteer labor from the various EAA

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groups and activities. It was

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FORM

talking about an asphalt walk but rather a tanbark or gravel path as suggested by Jack Blake.

Although it would involve use of appropriated funds and, therefore, possibly not be acceptable to Mr. Colby, you might want to consider using the Summer Only "Inner City Group" for which the Agency reimburses GSA to construct the "woodland trail."

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Harry B. Fisher
Director of Personnel

Approved For Release 2003/04/29 : CIA-RDP84-00780R005100070020-9 1.6 MAL 6.1 OUT WAICH CATE, GUAND COVERAGE, AND The FUT FILLETIN BEFORE SPAING. /F ANY OSE, THE MATURAL SUMMER CASEM Approved For Release 2003104/29 : CIA-RDP84-00780R005100070020-9

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1 5 DEC 1972

MEMORANDUM FOR: Deputy Director for Support

SUBJECT

: Feasibility of Bicycle Trails at the Headquarters

Compound

1. This memorandum is for your information only.

- 2. Discussions and coordination with local civic and government representatives have revealed that various Federal, state, and county government organizations intend to implement plans for bicycle, equestrian, and pedestrian trails in the Fairfax County area. Much of this planning is in the preliminary thinking stage, and efforts are being made to encourage participation and coordination between citizen groups and various governmental agencies.
- 3. The National Park Service (NPS) plans to build the "Potomac Heritage Trail" along the George Washington Memorial Parkway and eventually intends to connect it with the Appalachian Trail. In the near future, NPS plans trail construction from Memorial Bridge up Spout Run, to Pimmit Run, by Fort Marcy, to Route 123 as well as trails on NPS land through Turkey Run. NPS has implemented a biker-hiker trail, which is part of the Potomac Heritage Trail, from Memorial Bridge to Mount Vernon. The Federal Aviation Administration (FAA) is tentatively planning a bike trail which would be located in the Dulles Access Road median strip. (The median strip would also provide for METRO under current planning).
- 4. Conceptual planning of the Virginia State Highway Department anticipates construction of the Old Dominion Trail in the median strip of Route 66 from the Beltway to Rosslyn. The State Highway Department presently has no firm plans for the construction of bicycle trails in the McLean, Virginia, or the Langley Headquarters Compound area.
- 5. The Fairfax County Park Authority (FCPA) is in the process of developing a county-wide system of trails. A trail in this scheme, sponsored by the McLean Civic Association, is forecast to run from the McLean area

SUBJECT: Feasibility of Bicycle Trails at the Headquarters Compound

along Route 123 to its intersection with the access road to the Headquarters Building; however, there is no state planning, nor has the state been asked to furnish the right-of-way. Another trail in this scheme is forecast to run from Route 123, along the NPS access road to the west of our compound and through the Fairbank Highway Research Station (FHRS) to the proposed Potomac Heritage Trail along the George Washington Memorial Parkway.

- 6. It is understood that the Department of Transportation is unwilling to grant permission to the NPS for utilization of their access road from the George Washington Memorial Parkway by the public as an access road to the Turkey Run Park extension, as well as for utilization as a possible bicycle trail. Completion of the fencing around FHRS property would aid in prohibiting utilization of their property by the public either as an access road or as a biker-hiker trail.
- 7. Completion of all Federal, state, and county trails is anticipated in the forthcoming 5-year period and would produce, if completed, an interconnecting trail system extending beyond the immediate area to the Appalachian Trail and other regional trails.
- 8. Three possible routes are suggested for further investigation. These schemes (Attachment 1) were selected to avoid the heavy vehicular traffic on the north-south compound road from Gate #1 past the auditorium to Gate #3 at the George Washington Memorial Parkway. Cost projections (Attachment 2) are presented for your information only. Per your request to study the feasibility of bicycle trails on the Headquarters site and relative to proposed municipal trails, the following options are submitted for your consideration:
 - a. Route A From the north and south loading docks of the Headquarters Building around the northern perimeter road of south parking, across west parking, and thence along the inside of the new fence that separates Agency property from that of the National Park Service and the Department of Transportation, through a new pedestrian gate just north of the Printing Services Building, and return to the point of origin. This internal trail would be approximately 1.3 miles long and will consist of a complete loop with common points of origin and return. The trail could also serve as an internal perimeter road for security purposes and may suffice for walking, running, and nature trails.
 - b. Route B From the north and south loading docks of the Headquarters Building, around the north, west, and south perimeter

'SUBJECT: Feasibility of Bicycle Trails at the Headquarters Compound

of south parking, partially on the existing roadway and partially on the grassy area west of the road to Gate #1, then continuing on a paved trail through the wooded right-of-way between the entrance road from Route 123 and the Scattergood-Thorne property to the dead end portion of old Route 193, which is now used only as an access route to the Scattergood-Thorne property. The old public road (Route 193) would provide safe access to a new paved trail on the east shoulder of the NPS road to Gate #2 at the entrance of west parking. Return to Headquarters would be accomplished by a route across west parking, then around the northern perimeter of south parking to bicycle racks near the north and south loading dock building exits. This route around the Scattergood-Thorne property would provide Agency cyclists with a round trip of approximately 2 miles per circuit.

- c. Route C From the terminus of the proposed Turkey Run Trail near the entrance to the Department of Transportation property along the eastern edge of the NPS road and connecting with a trail proposed by the Fairfax County Park Authority to be located along Route 123. The southern leg of this trail would contain portions of both Routes B and C. Total one way length of this trail would be approximately .75 miles plus an additional .5 miles to connect to the Headquarters Building via portions of Routes A and B. The primary purpose of Route C is to provide Agency personnel with access to proposed Fairfax County and National Park Service Trails as well as providing a public service in linking both of these public trails, thus further enhancing their ultimate potential.
- 9. Each of the alternative bike trail schemes presented can be implemented and used independently of other trails which are contemplated near the Headquarters Compound. The design and location of proposed Agency trails will allow simple and convenient connection to other adjacent regional trails as planning becomes more firm and trails are constructed by local, state, and Federal jurisdictions.

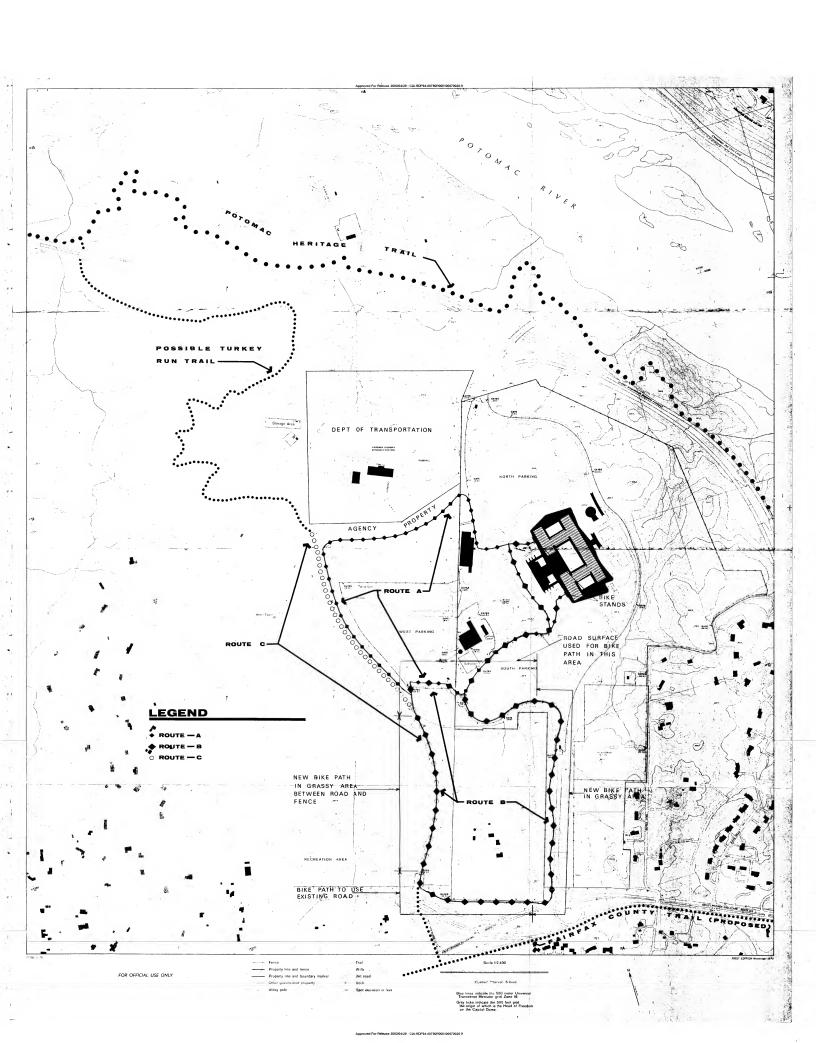
SUBJECT: Feasibility of Bicycle Trails at the Headquarters Compound

10. While the foregoing is presented for your information, your guidance is requested concerning the practical feasibility and timing of the project. If you so indicate, we will then proceed to further definitize costs and develop detailed plans and specifications.

John F Blake Director of Logistics

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COST PROJECTIONS

Paved Bicycle Paths for the Headquarters Compound

Separate cost projections for Routes A, B, and C are hereby presented. It should be noted that all costs indicated are for information purposes only and in no way reflect a definitive construction estimate.

General Assumptions

- 1. Bituminous (asphalt) paving is used on Routes A, B, and C.
- 2. Vehicular traffic (security patrol only) is accommodated only on Route A.
 - 3. Routes B and C are limited to bicycle traffic (or lighter).

Route A - Assumptions

- 1. 3300 ft. additional paved surface.
- 2. 6 ft. minimum width to facilitate security vehicle patrol.
- 3. 3" base course for light vehicular traffic.
- 4. 1 1/2" bituminous surface paving.
- 5. New gate north of PSD Building.

Route B - Assumptions

- 1. 3800 ft. additional paved surface.
- 2. 5 ft. minimum width to facilitate two way bicycle traffic.

Cost Projection Cont.

- 3. 3" bituminous paving.
- 4. No base course.
- 5. No heavy vehicular traffic

Route C - Assumptions

- 1. 1900 ft. additional paved surface (the southern 2,000 ft. of Route C is contained in Route B cost).
 - 2. 5 ft. minimum width to facilitate two way bicycle traffic.
 - 3. 3" bituminous paving.
 - 4. No base course.
 - 5. No heavy vehicular traffic.

Total Cost Projection - Routes A, B, and C

Route A	\$ 14,225
Route B	12,975
Route C	6,709
Total Projection*	\$ 33,909

^{*}Total projection cost may be reduced somewhat if all three routes are constructed concurrently.

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FORM NO. 237 Use previous editions

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Approved For Release 2003/04/29 : CtA-RDP84-00780R005100070020-9

MY SENTIMENTS EXACTLY.

Approved For Release 2003/04/29 : CIA-RDP84-00780R005100079920-9

3 NOV 1972

MEMORANDUM FOR THE RECORD

SUBJECT: Bike Trails

1. On 24 October 1972, the undersigned attended a meeting in the office of Mr. David Richie, Superintendent, George Washington Memorial Parkway, to discuss plans for bike trails in Fairfax and Arlington counties and along the George Washington Memorial Parkway. In addition to the undersigned, the following persons attended that meeting:

Mr. H. S. Hulme, Jr. Arlington County Department of

Transportation

Mr. W. L. Hughes Arlington County Department of

Environmental Affairs

Mr. Frank Cox Fairfax County Department of Public

Works

Mr. Galen K. Stees Fairfax County Park Authority

Mr. James Bell Fairfax County Park Authority

Mr. William Wilkinson National Park Service

Mr. Clifton G. Stoneburner Arlington County Department of

Transportation

Mr. Thomas DeHaven National Capital Parks, Regional Office

Mr. David Richie National Capital Parks, George Washington

Memorial Parkway

SUBJECT: Bike Trails

- 2. The meeting was called by Mr. Hulme who, along with Mr. Hughes, explained that Arlington County was initiating a study group to develop a bike trail system in the county. It is envisioned that such a system would not only encompass points of scenic or historic interest, but would also include routes which would connect residences with business and recreational areas. Bike trails in Arlington County are seen, according to Mr. Hughes, as a means of reducing traffic congestion as well as providing healthful recreation. Mr. Hughes also stated that once routes were agreed upon and a plan developed, he was certain that the political climate was such that funds would become available to implement a phased program.
- 3. Central to Mr. Hughes' desire to develop a plan for Arlington County is Mr. Richie's plan to extend the Potomac Heritage Trail from the Memorial Bridge to the vicinity of Route 123. Mr. Richie proceeded to explain that he had sufficient funds at the present time to start this project. He stated that there were three alternative routes for a bike trail. First was along the river's edge; second, on the river side of the Parkway; third, on the Arlington County side of the Parkway. Each proposal presented problems in regard to feasibility and cost, and several alternatives were discussed at length. Generally speaking, there was agreement on the desirability of constructing the trail in such a manner as to afford periodic access from Arlington County.
- 4. The Fairfax County Park Authority representatives presented a county map on which was drawn a trail system which will be presented to the County Board of Supervisors in December. (This map is similar to the map we previously obtained The purpose of the presentation is to secure Board approval and funding for a 5-year plan.
- 5. presented a map depicting bike trails in the McLean area (a duplicate of the one we obtained), and the undersigned showed a map of the Head-quarters compound depicting suggested bike trails and their connections with both Route 123 and the George Washington Memorial Parkway. It was emphasized that the Agency's plans were still formulative, and the map was shown merely to establish the Agency's genuine interest.

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SUBJECT: Bike Trails

- 6. There was considerable discussion on methods of trail construction, possible courses, obstacles, and the need for coordination. It was established that each of the agencies (with the exception of the Agency) would appoint a working level point of contact to establish continuing liaison. It was suggested that this working group meet biweekly, or at least monthly, to exchange ideas and keep everyone current. The meeting was terminated at this point.
- 7. As a footnote, it was mentioned that the Maryland National Capital Parks had just contracted for several miles of trail construction with the Seaboard Corporation of Rockville, Maryland, at a cost of \$7,000 per mile. Mr. Richie estimated that it would cost approximately \$1,000 per mile for material. In this case, the material is a cement of fly ash, lime, and soil.

Special Assistant to the Director of Logistics

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SA-D/L: (3 Nov 72)

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Oirector of Logistics 1227 Ames Building

I got the opportunity to discuss the attached with Mr. Colby on 27 September. I suggested that because of the total money required that we might consider putting in only the trail which is on campus in order to find out if people would actually use such a thing. Mr. Colby reacted immediately that we would not put the kind of money indicated into this activity. He did not accept my suggestion for a single short trail but wondered if we might not get some volunteers who would be willing to devote some time to very simple clearing and marking work. I suggest that we explore this might with Harry Fisher and/or his people who are involved in EAA activities. It might be that there would be interest on the part of "athletes," or garden clubbers in working on such a project.

STAT

John W. Coffey

Deputy Director for Support 7-D-26

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SEP 1972

DD/S:JWC:llc (29 September 1972)
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DD/S 72-3366: Memo for DD/S frm D/Log subj: Headquarters Compound - Woodland Trails dtd 25 Aug 72

: 3 AUG 1972

MEMORANDUM FOR: Deputy Director for Support

SUBJECT : Headquarters Compound - Woodland Trails

REFERENCE: Memo dtd 9 Aug 72 to AD/L fm DD/S, Subject:

Meeting with Executive Director-Comptroller

1. This memorandum is for your information only.

- 2. Per your request and the referenced memorandum, we are submitting proposals for woodland trails at the Headquarters Compound for your review.
- 3. Three suggested paths have been marked on the attached map (Attachment 1) and would provide a total of approximately 4,500 feet of woodland trails, each offering a different character of topography, degree of seclusion, and convenience.
 - a. Path 1 (orange trail on map): This path would be a relatively easy walk of 1,400 + feet through dense woods and underbrush around the hilltop outside of the security fence east of the Auditorium bus stop shelter. Access is convenient through an existing gate. Visual isolation from the Headquarters Building is immediate upon entering the woods. The path would be gently rolling and following the natural contours around the hill. Three naturally open areas exist along the proposed path and would provide excellent rest areas if furnished with rustic benches. A casual walker should complete the circuit in 15 minutes on a prepared path.
 - b. Path 2 (green trail on map): The second path is suggested as an extension of Path 1 and would provide interconnection with another rate in the security fence located at the foot of the driveway to the Director's Garage. As indicated on the map, the trail would traverse approximately 1,500 feet from that gate up the hill, then down into the stream valley, across a wooden foot bridge, and finally climb to intersect Path 1 at its midpoint. Total distance by trail from gate to gate measures approximately 2,100 feet. A secondary loop would allow a shorter walk of 1,200 feet

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SUBJECT: Headquarters Compound - Woodland Trails

starting and ending at the same gate. Two rest stops with benches are envisioned. Visual isolation is not as complete on this path because natural foliage is less dense and the topography provides sightlines to the Headquarters Building. Casual walking time is estimated at 20 to 25 minutes. This path could be built as a second stage development after Path 1 was proven to be popular.

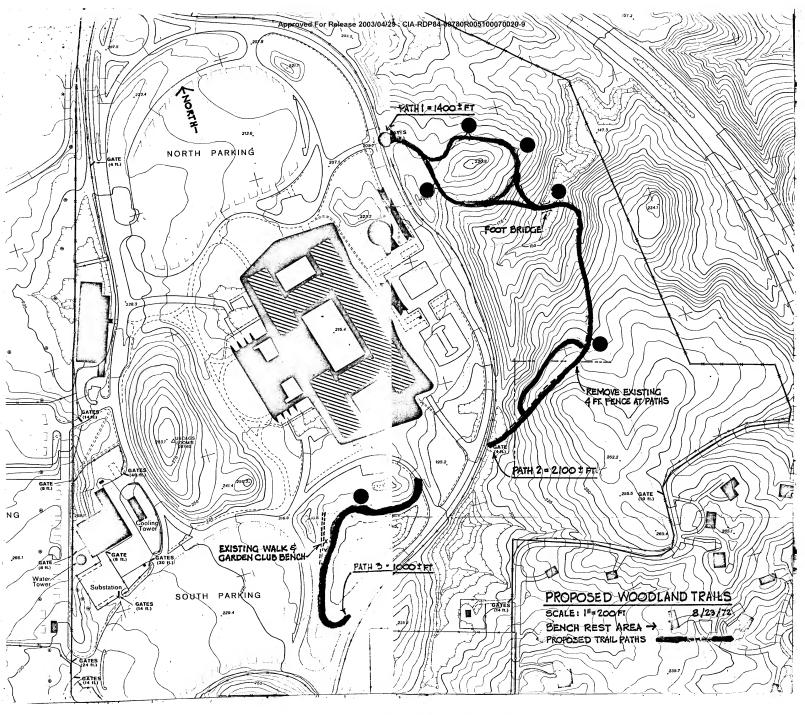
- e. Path 3 (brown trail on map): This proposed path location in the wooded depression south of the Headquarters Building inside the security fence offers a pleasant 10-minute walk convenient to the southwest entrance. Natural topography provides a feeling of distance and seclusion from the Headquarters Building which could easily be reinforced with the addition of a little screen planting. Near the south parking lot the Garden Club has previously installed some benches which would be enhanced by this trail. Because of the location, no security problems would be created.
- 4. The opening of gates in the security fence for Paths 1 and 2 pose some security problems. It is possible that due to the secluded nature of the paths, people outside the fence might be overlooked at closing time. More importantly, if an individual should become incapacitated along the trail, a safety hazard would exist if the guards have no accounting of those who have not returned. It is, therefore, suggested that a numbered tag system be considered as a method of control.
- 5. Construction and yearly maintenance costs can only be roughly estimated at this time. Based on general information gathered from the Fairfax County Park Authority, a budget figure of \$3.00 per foot to construct trails should be adequate. In the first two years maintenance is difficult to predict; established trails require refurbishing semi-annually at approximately 75 cents per foot per year. A detailed construction estimate for each path is contained in Attachment 2 based on a construction contract administered by the General Services Administration.
- 6. The three paths have been marked with surveyor's tape and should you desire it, personnel from the Real Estate and Construction Division, Office of Logistics, are ready to escort you over the proposed trails.

Signed: John F. Blake

John F. Blake

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ESTIMATED CONSTRUCTION COSTS FOR WOODLAND TRAILS

8.	Path 1:	
	1,400 feet of tanbark or gravel trail @ \$3.00 plf Three wooden benches	\$ 4,200 \$ 600
	Construction SUBTOTAL: Contractor's profit and overhead (25%)	\$ 4,800 \$ 1,200
	TOTAL:	\$ 6,000
b.	Path 2:	
	2,100 feet of trail @ \$3.00 plf Two wooden benches Wooden foot bridge	\$ 6,300 \$ 400 \$ 500
	Construction SUBTOTAL: Contractor's profit and overhead (25%)	\$ 7,200 \$ 1,800
	TOTAL:	\$ 9,000
c.	Path 3:	
	1,000 feet of trail @ \$3.00 plf One wooden bench	\$ 3,000 \$ 200
	Construction SUBTOTAL: Contractor's profit and overhead (25%)	\$ 3,200 \$ 800
	TOTAL:	\$ 4,000
d.	Total contract costs excluding GSA fees	\$19,000
e.	GSA fees	\$ 6,000

TOTAL:

\$25,000

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14 SEP 1972

MEMORANDUM FOR THE RECORD

SUBJECT: Bike Trails

	L.
a committee of his local civic group which from other county civic associations, in p	n is acting, along with similar committees
from other county civic associations, in p	disting this subject.
holding a public meeting last February on in June, submitting to the Fairfax County	The combined efforts of the McLean Civic esville District representative on the ulted in the Fairfax County Park Authority the subject of bike trails and, subsequently
of the Virginia Department of Highways, the McLean area. This effort is in conjunt McLean business district. encouraging and that he felt a plan of bike	and Mr. Donald Keith, Resident Engineer to develop a system of bike trails servicing

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SUBJECT: Bike Trails

- 5. Funding, right-of-way, and legal liability are some of the problems which stand between the various proposals and construction; however, it is significant that two small sections of trails have recently been completed by the Fairfax County Park Authority. Other County sections have been in existence for some time. Still others, notably the Potomac Heritage Trail located on the George Washington Memorial Parkway right-of-way, are in the planning stage. All of the trails, i.e., county, state, and Federal, are planned for completion in a 5-year period and, if adopted as envisioned, will produce an interconnecting trail system extending beyond the immediate area to the Appalachian Trail and other regional trails.
- 6. As mentioned above, attached are three maps of proposed and existing trails and a copy of the Fairfax County Park Authority trail proposal. It should be particularly noted that the McLean trail system as presently proposed includes a bike trail along Route 123 and passing between the Headquarters Compound and the Bureau of Public Roads/National Park Service lands to Turkey Run Park.

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Special Assistant to the	
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DU/S 72-3211

15 AUG 1972

MEMORANDUM FOR: Director of Logistics

SUBJECT

: Agency Health Program

On 14 August Mr. Colby made the following health-related suggestions:

- (a) That as we consider the matter of paths in the woods between Headquarters and the Parkway we look at the creation of measured "courses" in the woods and inside the compound. These would be publicized as part of the health improvement program.
- (b) That we make arrangements for controlled and safe bicycle access routes to the Headquarters compound. This action if successful would also be publicized as a part of the good health program but it would also offer the possibility of reducing some pressure on parking spaces.

Jour J. Coney
Deputy Director
For Support

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DD/S:JWC:llc (15 August 1972)

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By Paul Hodge .

Washington Post Staff Writer

CONSTRUCTION BEGAN last week on the Washington area's newest, widest and most scenic bike path, to stretch along the historic eight-mile Potomac River shoreline between Alexandria and Mount Vernon.

The path, to be completed next April 1, is expected to become one of the na-tion's busiest and best known bike trails, a picturesque pilgrimage route for hiking and biking tourists to approach the home of the first President.

The path will cling to the shoreline, except near Dyke Marsh—being restored as a wildlife refuge-and will open up areas never seen by the public before, according to National Park Service

according to National Park Service Ranger William Wilkinson, coordinator of the bike trail project. "It's a superlatively beautiful area... with the view what it was 150 years ago," he said.

The new trail is being built by the National Park Service, with a \$135,000 budget and the profferred assistance of the U.S. Army Engineer Center at Fort Belvoir, which will help build some 13

rustic timber bridges and boardwalks over streams and marshy areas.

It will roughly parallel the George Washington Memorial Parkway, which close to 5,000 bikers are now using every

Sunday since the Park Service began roping off two lanes for bicycles Sundays between 8 a.m. and 2 p.m.

More than 400 citizens have already volunteered assistance—free labor on weekends—to help construct the path. Volunteers spread and raked the fourmile compacted gravel bike path between Alexandria and the 14th Street Bridge,

which opened last April 15 and cost about \$27,000.

The new trail, which will thus complete a Washington to Mount Vernon bike route, will be eight feet wide and is expected to be made of compacted fly ash, which the Park Service hopes to get free or cheaply from the Potomac Electric Power Co. Experiments have shown it produces a harder surface than compacted gravel but still be natural looking, according to Wilkinson.

The path is to be two feet wider than the Alexandria-14th Street Bridge trail, said Wilkinson, because the popularity of that trail is already making it congested. In fact some sections of the new The new trail, which will thus com-

gested. In fact some sections of the new path may even be made dual lane, he said.

The funds for the new path were bud-

geted by the National Park Service after the Alexandria-14th Street Bridge trail

proved to be such a success.

George Washington Memorial Parkway Superintendent David Richie said last week that other park bicycle projcets are now going forward as well, including a path from Memorial Bridge to Roosevelt Island, a trail in the still relatively unused Turkey Run picnic area off the parkway south of the Cabin John bridge, and ultimately a bike trail from Key Bridge, north along the spectacular l'otomac Palisades.

3 oct 1972

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9 AUG 1972

MEMORANDUM FOR: Acting Director of Logistics

SUBJECT

: Meeting with Executive Director-Comptroller

This will confirm a number of points which came up during the discussion of the garage and master plan with Mr. Colby on 4 August.

- (a) Mr. Colby confirmed the interest expressed earlier in relieving the starkness of the West Parking by trees such as has been done in other parking areas. He recognizes that this would cost badly needed parking spaces and will look forward to our telling him more specifically what is involved. LSD should therefore continue with CSA the development of the plan and cost estimates such as mentioned in paragraph 2 of Jack Blake's memorandum of 13 July. Also as discussed we should take into account the loading/overloading of West Parking and the ideas for expanding to make more parking areas available.
- (b) We should determine the feasibility of implementing the suggestions that we enable employees to walk/jog in the woods on the Parkway side of the Headquarters Building. This would include creation of paths and perhaps the placement of a few benches plus security arrangements for exiting and entering through the fence. (I mentioned this orally to Howard Osborn so contact with him will not be a surprise.)

(Bigmed) John W. Coffay

John W. Coffey Deputy Director for Support

DD/S:JWC:llc (9 August 1972)
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2 5 AUG 1972

MEMORANDUM FOR: Deputy Director for Support

SUBJECT

: Agency Health Program

REFERENCE

: Memo dtd 15 Aug 72 to D/L fm DD/S,

same subject

Dear Jack:

I have had some inquiries regarding the possibility of bicycle paths being developed along the public highways leading to the Headquarters compound. Unfortunately, contact with both the Virginia Department of Highways and the National Park Service disclosed no such plans on the part of either agency. In fact, current policy of the Virginia Department of Highways precludes such development along existing highways because of the cost of such a project.

For your information, present highway department plans for the extension of I-66 do include bicycle paths; however, this really will not help us.

We are developing plans for bicycle paths within the compound, as well as laying out various measured courses along existing walkways. We are also examining the land outside the perimeter fence on which nature trails might be developed and will shortly be able to present these various proposals, including cost estimates.

John F. Blake
Director of Logistics